

# Community Health Needs Assessment

## Greater Cincinnati Tri-State Region

### 2024 Report

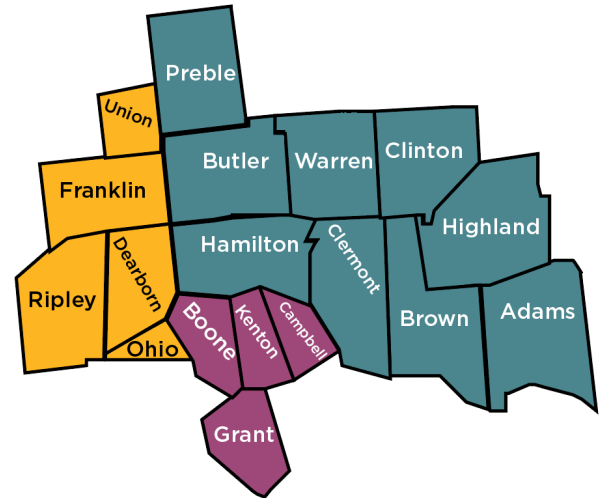
## Executive Summary

### What is the Regional CHNA?

Every three years, the Greater Cincinnati Tri-State Region conducts a Community Health Needs Assessment (CHNA) to evaluate the health and well-being of its 18 counties and identify opportunities for collective action. The Regional CHNA is a resource that can be used by partners across sectors, including policymakers, to increase access to data, guide health improvement, and advance equity.

The Regional CHNA report:

- Defines regional health priorities
- Describes the factors that shape the region's health and well-being
- Lists the region's significant health needs
- Describes progress made since the previous Regional CHNA



**Regional vision: Every individual and community in the region should have equitable access and support to achieve their desired health outcomes.** Achieving this vision requires that communities have what they need to be healthy and that our policies and systems advance health for every individual and family. The Regional Community Health Needs Assessment (CHNA) moves towards this vision by assessing the most significant health needs in the region and defining priorities for collective action.

### What did the assessment find?

Through a robust review of data, including primary data from community members, the following health needs rose to the top as the most significant or impactful in the region (listed in figure ES.1).

Figure ES.1. **Significant health needs in the region**

- ▶ **Systems of power, privilege, and oppression**
  - Negative perceptions of health and healthcare (stigma, mistrust, unaffordability, etc.)
  - Racism and discrimination
  - Unequal access to resources needed for health
- ▶ **Social determinants of health**
  - Access to affordable, timely and quality health care
  - Educational attainment and access
  - Food access and insecurity
  - Healthcare workforce and capacity
- Housing and homelessness
- Neighborhood and built environment
- Poverty and economic stability
- ▶ **Health behaviors and outcomes**
  - Cancer
  - Diabetes
  - Heart disease and stroke
  - Maternal and infant health
  - Mental health
  - Respiratory disease
  - Substance use

## What needs did CHNA partners prioritize for collective action?

CHNA partners selected three top priorities to improve health, address community conditions that undermine health, and tackle the systems that prevent some of our neighbors from living long and healthy lives. These priorities are:



**Mental health treatment and prevention**



**Homelessness prevention and housing stability**

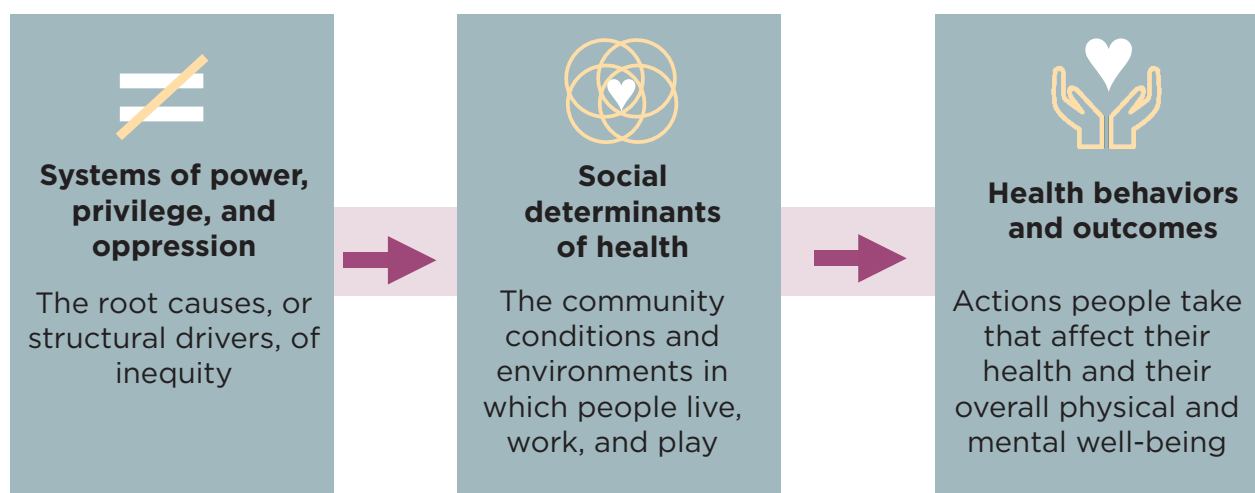


**Heart disease and stroke prevention and treatment**

## What shapes the region's health and well-being?

Our health is influenced by many factors, the biggest of which are the conditions of our communities. Also called the social determinants of health, community conditions—like educational opportunities and housing—support our ability to be healthy and make healthy choices. Those conditions are shaped by systems of power, privilege, and oppression that can unfairly distribute resources and opportunity across groups and communities (as displayed in figure ES.2).

Figure ES.2. **The root causes of health outcomes and inequities**



**Source:** Adapted from the NACCHO “Health Equity Action Spectrum”