

## Community Health Needs Implementation Plan 2020-2022

**Focus on awareness and education.**  
**Promote prevention and early detection.**  
**Focus on access to wellness and preventive services.**  
**Increase referrals and build resources.**  
**Focus on modifiable risk factors.**

**Quality care.**  
**Reduce barriers.**  
**Build partnerships.**  
**Utilize technology.**  
**Develop MMH team members as field experts.**

### Priority Number 1: Substance Abuse

STRATEGY	TIME FRAME	RESPONSIBILITY
Serve on local drug prevention coalitions.	2020-2022	CHI team member or other MMH representative
Focus on youth programming in the schools to address substance use in all local schools. <ul style="list-style-type: none"> <li>• Get Real about Tobacco</li> <li>• Marijuana Program</li> <li>• Generation Rx</li> <li>• Family Fun Night</li> <li>• National Night Out</li> <li>• Vaping/Juuling (NEW 2020)</li> <li>• Alcoblow</li> <li>• BOUNCE</li> </ul>	2020-2022	CHI Local Partners
Investigate options for an education requirement for students who violate substance abuse policies.	2020	Local Schools CHI
Assist with “Not in My House” campaign.	2021	Local drug prevention coalitions CHI Marketing
Continue Hidden in Plain Site	2020-2022	CHI Local Schools Local Business
Focus on awareness and education of in-home drug testing. Provide drug screening kits for home use.	2020-2022	CHI Local Partners
Focus on awareness and education of proper medication storage and disposal.	2020-2022	CHI Local law enforcement.

Provide lock boxes for home use. Maintain permanent collection sites at MMH and local police departments. Provide temporary drug collection sites in Franklin County and Ripley County. Monitor pounds of medications disposed of. Streamline process to provide disposal kits for home use.		Local partners
Provide Narcan program for law enforcement to include training (new law enforcement) and kits.	2020-2022	ER/EMS/Law Enforcement Health Departments CHI
Provide emergency Kits for high risk family/individuals to include Narcan & training.	2021	Addiction Services CHI Health Departments
Provide CPR training. Continue rescue breathing on website.	2020-2022	Marketing Education
Utilize the prescription drug monitoring program (PDMP) using Appriss.	2020-2022	ER/Minor Cares Physician Services
Utilize INSPECT each time-controlled substance prescribed.	2020-2022	IT
Utilize Opioid guidelines in all physician offices and emergency services.	2020-2022	CHI
Monitor number of pills and prescriptions and report out appropriately.	2020-2022	
Track Benzodiazepine prescriptions.	2021-2022	
Continue urine drug screen monitoring initially, annually and random/suspicious when prescribed controlled substances.	2020-2022	
Revise current substance agreement and implement the new controlled substances agreement.	2020	
Monitor and make improvement efforts with the MIPS Measure: Verify Opioid Treatment Agreement	2021	Quality Physician Services
Monitor the percentage of patients 18 years and older who are screened for tobacco use one or more times within 24 months and who received tobacco cessation intervention if identified as a tobacco user.	2021	Quality Physician Services
Build partnerships to address quality improvement efforts.	2022	Quality
Complete feasibility study for integrative medicine to address addictions and mental health.	2022	Integrative medicine team
Provide drug testing options to include urine, salvia and hair testing.  Work towards having 100% of the Occupational Health and Wellness Clinical Team certified in drug screen collection.  Provide education on benefits of drug screening in the workplace.	2020-2022	Occupational Health and Wellness Marketing Local Companies

Participate in a mandatory Clearinghouse that all positive drug and breath alcohol tests, adulterated, and substituted results, etc., must be reported to under new FMCSA regulation.	2020-2022	Occupational Health and Wellness Marketing Local Companies
Initiate HIV and Hep C screening.	2020-2022	Franklin & Ripley County Health Depart. Aspire SEIHC ER/Minor Care CHI Addiction Services
Complete Feasibility study for ER protocol for Hep C and HIV screening.	2022	
Continue the sharp distribution sites and drop off locations.	2020-2022	CHI Brookville, Osgood and Milan offices Franklin & Ripley County Health Departments
Continue sharps for public places.	2020-2022	CHI Community Partners
Develop a centralized distribution for supplies such as sharps, drug kits, lock boxes.	2021	CHI
Utilize the SEEK survey in all PCP/OB who deliver to screen for alcohol, tobacco and drug use during pregnancy. Provide referral and follow up as needed. Monitor number of providers, number of surveys completed, and referrals made.	2020-2022	Physician Services Social Services OB CHI
Continue prenatal urine drug screen testing.	2020-2022	OB
Continue medication assisted treatment (MAT).	2020-2022	Addiction Services
Implement geriatric IOP.	2020	Addiction Services
Develop a focused education and follow up program for mothers who test positive for drugs prenatally.	2021	Behavioral Health Social Services OB
Expand CADS to Franklin County.	2020	Addiction Services
Develop employer-based group counseling	2022	Addiction Services
Develop a voluntary group treatment program.	2020	Addictions Services
Implement tobacco use assessment and referral in physician offices.	2020-2022	Physician Services
Promote and refer to Quitline.	2020-2022	All clinical areas
Continue Baby Me & Tobacco Free Program	2020-2022	OB Department Social Services Physician Services
Apply for grants to assist with funding of substance abuse related efforts.	2020-2022	Addiction Services CHI

### Priority Number 2: Nutrition, Physical Activity & Weight

STRATEGY	TIME FRAME	RESPONSIBILITY
Pilot a Teaching Kitchen model using existing kitchen space.	2021	Nutrition Services Community Partners
Expand Chef's Club to additional schools in Ripley and Franklin County.	2020-2022	Nutrition Services Community Partners Local Schools
Continue cooking workshops.	2020-2022	Nutrition Services Community Partners
Expand website and social media to provide interactive features such as recipes, videos etc.	2020	Nutrition Services Marketing
Provide online nutrition education modules on MMH website.	2022	Nutrition Services Marketing
Continue Live Well Now.	2020-2022	Nutrition Services
Offer reduced cost online version of Live Well Now.	2020	Nutrition Services Marketing
Implement Cooking Matters Curriculum for lower income families. To include 5 sessions.	2020	Nutrition Services Local Partners
Expand school gardens to additional schools in Ripley and Franklin County.	2022	Nutrition Services Local Schools
Continue Farm Fit	2020-2022	CHI Nutrition Services Local Schools Community Partners
Expand Food Day to additional school locations.	2020-2022	Nutrition Services Local Schools
Expand nutrition programming in food pantries in our service area.	2020	Nutrition Services Local Food Pantries
Conduct landscape assessment of existing community food organizations and resources.	2021	Nutrition Services Community Partners
Determine ability to utilize a food insecurity screening tool such as the Hunger Vital Sign.	2020	Nutrition Services
Continue Healthy Steps (IBT) provided in each physician office to include Osgood, MAC, MMPC, Brookville, Milan	2020-2022	Nutrition Services Physician Services
Assess ability to offer IBT at additional MMH primary care sites and non-MMH employed primary care offices.	2020	Nutrition Services

Explore competitive pricing options in MMH cafeteria (ie. healthy options cost less).	2020	Food Service Nutrition Services Local Partners
Review and establish nutrition standards for meals served in MMH cafeteria.	2020	Food Service Nutrition Services
Review and establish nutrition standards for meals and snacks served by MMH catering.	2021	Food Service Nutrition Services
Promote healthy choices in MMH cafeteria by providing nutrition and calorie information.	2020-2022	Food Service Nutrition Services Health and Wellness Team
Work with local restaurants (non-chain) to promote and label healthy options.	2020-2022	Nutrition Services Local Restaurants
Engage restaurant partners who are interested in offering healthy children's menus.	2021	Nutrition Services Local Restaurants
Offer fresh locally sourced produce in MMH Cafe	2020-2022	Food Services Local Farmers/Vendors
Engage faith-based organizations who are interested in establishing nutrition standards for community meals.	2022	Nutrition Services Local Faith-based Organizations
Continue Malnutrition Care Model which includes a nutrition care plan.	2020-2022	Nutrition Services Hospitalists
Determine feasibility for Fruit and Vegetable Incentive and Produce Prescription Program.	2022	Nutrition Services
Send staff to the National Farm to Cafeteria Conference.	2022	Nutrition Services
Serve on local YMCA BOD or committees.	2020-2022	CHI team member or other MMH representative
Serve on local school wellness committee.	2020-2022	CHI/Nutrition team member or other MMH representative
Determine needs of local schools related to nutrition and physical activity and develop appropriate plans to address.	2020	CHI Nutrition Services Local Schools
Continue GOTR	2020-2022	CHI Community Partners Local Schools
Develop GOTR Camp	2021	CHI Community Partners Local Schools
Determine feasibility for an afterschool program that focus on nutrition and physical activity and includes incentive-based approach.	2021	CHI/Nutrition Services Local Schools Community Partners
Explore funding opportunities for fitness stations on the MMH walking trail.	2020	MMH Foundation
Revise and relaunch the walking club program.	2020	CHI Local Partners
Determine feasibility for 5-2-1-0 Plan or other similar program for healthy communities.	2021	Nutrition Services CHI Local Schools Community Partners
Increase referrals to Progressive Exercise/Medical Exercise or other exercise programs.	2020-2022	Rehab Services
Determine feasibility for enhanced recovery after surgery program (Strong for Surgery).	2021	Nutrition Services Surgery
Apply for grants to assist with funding of physical fitness, nutrition and obesity related efforts.	2020-2022	CHI/Nutrition Services Local Partners
Develop a diabetes prevention program focusing on patients with HgA1c of 5.7-6.4	2021	CHI/Nutrition Services Physician Services Community Partners

Enhance and drive population health efforts utilizing health registries with the Cerner HealthIntent Population Health platform.	2020-2022	Population Health Physician Services CHI IS
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**Priority Number 3: Mental Health**

<b>STRATEGY</b>	<b>TIME FRAME</b>	<b>RESPONSIBILITY</b>
Offer Stress Management Program	2020	Health and Wellness Team CHI
Continuing education related to stress management techniques and tools.	2020	Health and Wellness Team CHI
Develop stress management program or stress reduction box for local companies and their staff.	2021	Health and Wellness Team CHI Occupational Health and Wellness
Determine needs of local schools related to mental health and develop appropriate plans to address.	2021	CHI Behavioral Health Local Schools
Train MMH Team members in Nurturing Parenting program and facilitator training.	2021	Behavioral Health CHI Community Partners
Standardize depression screening tool and process. Monitor the percentage of patients aged 12 years and older who are screened for depression using an age appropriate screen tool such as PHQ-9 or PHQ-9M. If a screen is positive, a follow up plan is documented.	2021	Quality Physician Services Behavioral Health Services
Monitor the percentage of patients aged 12 years and older with major depression who have reached remission 12 months after an index event.	2022	Quality Physician Services Behavioral Health Services
Standardize anxiety screening tool and process. Monitor GAD-7 on ACO population.	2022	Physician Services Behavioral Health Services
Implementation of ACE screening on patients ages 12-21 years of age.	2022	Physician Services Behavioral Health Services
Develop process for behavioral health consult with any benzodiazepine prescription.	2022	Physician Services Behavioral Health Services
Increase behavioral health services in satellite locations. Brookville and Osgood	2020-2022	Behavioral Health Services
Develop geriatric depression group for ACO population.	2021	Behavioral Health Services
Ensure PAS Level 1 completed prior to discharge and PAS Level 2 Assessment completed within 5 business days from time of notification.	2020-2022	Social Services Ascend ISDH Bureau of Developmental Disorders (BDDS)
Apply for grants to assist with funding of mental health related efforts.	2020-2022	Behavioral Health Services Community Partners

### Opportunity: Cancer

STRATEGY	TIME FRAME	RESPONSIBILITY
Ensure Oncology and Radiation Care Services receive Accreditation	2020	Oncology/Radiation
Continue Cancer Registry	2020-2022	Oncology/Radiation
Pursue Oncology Certification for Nursing Staff	2020-2022	Oncology/Radiation
Pursue Chemotherapy/Biotherapy Certification for staff	2020-2022	Oncology/Radiation
Provide Boutique Services to include Wig Fittings and Lymphedema program.	2020-2022	Community Partners OT CHI Oncology
Provide Low Dose CT following recommended standards of care. Increase the numbers of lung screening (Low Dose CT) Target 25/annually	2020-2022	Radiology Oncology Physician Services
Monitor the Percentage of women 50-74 years of age who had a mammogram to screen for breast cancer.	2020-2022	Quality Physician Services Mammography
Promote free mammogram screenings to those who meet the financial criteria.	2020-2022	Business Office CHI SEIHC Indiana Breast Cancer Awareness Trust
Monitor the percentage of adults 50-74 years of age who had appropriate screening for colorectal cancer. May include: FOBT, FIT-DNA, colonoscopy, sigmoidoscopy.	2020-2022	Quality Physician Services OPC
Expand FOBT screening throughout Ripley County and Franklin County. Improve on the return rate for FOBT.	2020-2022	CHI Lab
Send Patient Portal Reminders for all preventive cancer screenings.	2021	IS Marketing
Send automated direct mail campaigns for wellness and screenings.	2020-2022	Marketing
Provide PSA screening.	2020-2022	CHI Physicians
Host an educational and awareness event annually in RC and FC.	2020-2022	CHI Oncology Radiology Community Partners
Provide HPV vaccine through school clinics and routine vaccine visits	2020-2022	Occupational Health and Wellness

### Opportunity: Access to Healthcare Services

STRATEGY	TIME FRAME	RESPONSIBILITY
Continue Health Care services at Osgood Health Center/Minor Care Brookville Health Center/Minor Care Milan Primary Care Batesville Primary Care offices ER/Minor Care	2020-2022	J. Keene Physician Services Lab Radiology

Continue Rural Health Center in Brookville and Osgood	2020-2022	J. Keene Physician Services
Continue Workplace clinic model	2020-2022	Workplace Clinic Team
Continue and expand Telehealth: MMH, Local Schools, SISIC, Employers	2020-2022	IT Physician Services CHI
Develop Post Acute Care (PAC) program for improved access, patient outcomes and reduction in healthcare spend related to SNF's.	2020-2022	PAC Multi-disciplinary Team
Continue MMHealth Rides transportation program	2020-2022	CHI Catch a Ride
Provide needed healthcare services for those without insurance/under insured (Financial Assistance Program)	2020-2022	CBO
Aid with healthcare plans enrollment.	2020-2022	Claim Aid Social Services
<b>Opportunity: Heart Disease &amp; Stroke</b>		
STRATEGY	TIME FRAME	RESPONSIBILITY
Continue with vascular screening. Investigate screening options to increase number of screenings.	2020-2022	CHI Radiology Cardiopulmonary
Continue cholesterol/blood pressure screenings.	2020-2022	CHI Physician Services
Refer all screening participants back to PCP following standardized screening guidelines.	2020-2022	CHI OHWC Physician Services
Continue Million Hearts Campaign	2020-2022	Physician Services CMS CHI
Continue Chest Pain Network.	2020-2022	ER Compliance The Christ Hospital
Meet criteria for D2D2B times for transferring into PCI facility < 120 min.	2020-2022	ER Quality
Continue Stroke Ready Certification.	2020-2022	ER
Utilize TeleStroke when appropriate	2020-2022	ER
Continue Cardiac Rehab program.	2020-2022	Cardiac Rehab
Offer CPR and AED.	2020-2022	Education



### Opportunity: Tobacco Use

STRATEGY	TIME FRAME	RESPONSIBILITY
See initiatives under Priority 1: Substance Abuse for related tobacco efforts.		

### Opportunity: Infant and Child Health

STRATEGY	TIME FRAME	RESPONSIBILITY
Ensure 100% of the clinical team is certified in neonatal resuscitation.	2020-2022	OB
Develop program and training for a Safe Haven Baby Box Drop Off.	2020	Social Services Emergency Services CHI Supervisors Community Partners
Screen for alcohol, tobacco and drug use during pregnancy using the SEEK Survey and provide referral and follow up as needed. Will monitor number of providers, number of surveys completed, and referrals made.	2020-2022	Physician Services Social Services OB CHI
Continue prenatal urine drug screen testing.	2020-2022	OB

### Opportunity: Respiratory Disease

STRATEGY	TIME FRAME	RESPONSIBILITY
Influenza and pneumococcal vaccines following clinical practice guidelines. Expand access to all vaccinations with VFC and adult programs.	2020-2022	OHWC Physician Services Quality ISDH CHIRP
Percentage of patients aged 6 months and older seen for a visit between October 1 & March 31 who received an influenza immunization OR who reported a previous receipt of an influenza immunization	2020-2022	OHWC Physician Services Quality
Pulmonary Services.	2020-2022	OPC Tri-State Pulmonology
Sleep Medicine Services.	2020-2022	Sleep Lab

**Opportunity: Injury and Violence**

STRATEGY	TIME FRAME	RESPONSIBILITY
Continue Certified Car Seat Station.	2020-2022	CHI Law Enforcement Automotive Safety Program Safe Kids
Certify at least two car seat technicians.	2020-2022	CHI
Continue bike safety presentation in Franklin & Ripley County school systems.	2020-2022	CHI Local Schools
Continue bike helmet sales.	2020-2022	CHI Local Schools Osgood, Brookville, Milan PC

**Opportunity: Potentially Disabling Conditions**

STRATEGY	TIME FRAME	RESPONSIBILITY
Develop process for assessment and early intervention of back strains in the workplace.	2022	OHWC Rehab Services Local Employers Physician Practices
Continue ergonomics program to include proper lifting and stretching.	2022	OHWC Rehab Services Local Employers Physician Practices
Provide Rehab Services for any potentially disabling conditions.	2020-2022	Rehab Services