



**MARGARET MARY
HEALTH**



**WINTER
2016**

HealthLines

*Incredible things are
happening here*

IMPROVING ACCESS TO CARE



Health Center of Brookville

which is why this past October Margaret Mary assumed ownership of Fayette Regional Health System's HealthPlex.

The HealthPlex, now known as the Margaret Mary Health Center of Brookville, offers primary and minor care, as well as lab and radiology services. For more information or to schedule an appointment, call the Health Center at 765.647.5126.

In addition to our new location in Brookville, we will soon be expanding our services in Osgood. Currently Dr. Tom DeCilles and Marcy Baumer, Physician Assistant, offer primary care services. Next summer, minor care services will also be offered. These services are designed to provide easy, walk-in access to quality healthcare for patients with an illness or injury that is not life-threatening, but also can't wait until the next day.

To schedule an appointment with Dr. DeCilles or Marcy, call 812.689.3424.

Health Center of Osgood



One of Margaret Mary's key strategic initiatives is to improve access to primary and specialty care providers. Brookville and Franklin County residents have to travel a significant distance for healthcare services. We're committed to providing quality healthcare to all of Southeast Indiana,

NEW PEDIATRIC PRACTICE

Beginning in January, Margaret Mary will be offering pediatric care at our main campus. Leading our new practice are two physicians, Richard Turner, MD and Kristina Wang, MD.

With eight years of experience, Dr. Turner comes to us from Dayton Children's Hospital. He received his medical degree from Wright State University, where he also completed his residency. Dr. Turner is board certified in pediatrics.



A board-certified pediatrician, Dr. Wang received her medical degree from the University of California, Irvine and completed her residency in pediatric medicine at UCSF Benioff Children's Hospital, Oakland.



In addition to seeing patients in an office setting, Drs. Turner and Wang will also see Margaret Mary's littlest patients on our Maternity Unit, allowing newborns and their family members to build a relationship with their physician from the very beginning.

To learn more about services provided, or to schedule an appointment, call 812.933.5018.

NEW TECHNOLOGY BROUGHT TO CANCER CENTER

Since 2005, Margaret Mary's Radiation Oncology Department has been providing state-of-the-art radiation therapy services. Over the past decade there have been significant advancements in cancer care treatment, and as a result we are retiring our current equipment and replacing it with cutting-edge radiation therapy technology. Our new linear accelerator (LINAC) will provide the most precise radiation therapy available on the market today, with higher accuracy and greater beam intensity to destroy cancer cells. It is designed to deliver the lowest dose of radiation possible to surrounding healthy tissue, while allowing for better, more accurate treatment of diseased tissue.

According to Dr. Peyton, Margaret Mary's board certified radiation oncologist, "Our goal is to not only treat our patients' cancer, but get them back to what's important to them. Restoring them to wholeness with fewer interventions and better long-term survival odds has always been our focus. By introducing the new radiation therapy equipment, we achieve just that - better control of the disease with shorter treatment times for patients." The new LINAC will be ready to treat patients in January 2017. For more information, call our Radiation Oncology Department at 812.933.3772.

New Providers

Margaret Mary is excited to welcome two new providers to our Brookville location, Jeff Coy, ACNS and Kenneth Pahren, MD.

WELCOME
ABOARD!



As an Adult Clinical Nurse Specialist, Jeff Coy provides general medicine services for all ages. He treats everything from high blood pressure and cholesterol to diabetes and depression. A resident of Richmond, Jeff received his advanced nursing degree from the University of Arkansas.



Board certified in family medicine, Kenneth Pahren, MD is the lead physician of Brookville's Minor Care, with assistance from Christine Romani, NP and Jennifer Counciller, NP. Minor Care is designed to provide convenient, immediate care to patients with common illnesses or injuries such as earaches, colds, infections, sprains and small wounds. A Metamora resident, Dr. Pahren received his medical degree from Wright State University.

WALKING TRAIL COMPLETED

The Margaret Mary Health Foundation recently completed construction of a .42-mile walking trail behind our Outpatient and Cancer Center and Physician Center, located on Six Pine Ranch Road. Open to the public, the trail was funded largely by donations from Margaret Mary's team members.



"In 2013, Margaret Mary team members chose to raise money for this project as part of the team member campaign. After three years of working towards this goal, we are very excited to see it come to fruition. The dedication our team members have to this hospital and our community is truly astounding."
- Mary Dickey, Executive Director

The trail is a great place for our patients and their families, our team members and the community to get out and move!

AMAZON SMILE PROGRAM

When you're doing your shopping this holiday season, keep the Health Foundation in mind. Any purchases you typically make on Amazon.com can now be made using www.smile.amazon.com. Designate the 'Margaret Mary Health Foundation' as your charity of choice and when you make purchases, .5 percent of the price of eligible Amazon Smile items will be donated to our organization.

2016

COMMUNITY HEALTH NEEDS ASSESSMENT

Margaret Mary recently received the results of a health survey completed by nearly 800 Ripley and Franklin County residents. These results will help us to better understand the most pressing concerns of our community and will also serve as a tool to help identify opportunities to improve our residents' health status, increase their life spans, and elevate their overall quality of life. The top three most significant health needs of our community based on the information gathered are (1) Substance Abuse, (2) Nutrition, Physical Activity and Weight, and (3) Heart Disease and Stroke.

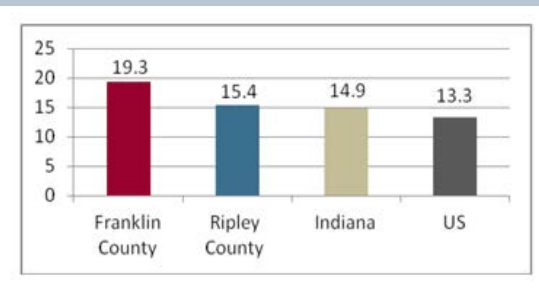
We understand these challenges and know the impact of a hospital extends far beyond the four walls of a brick building. In 2017, Margaret Mary will continue to invest in developing community outreach programs to address these health concerns. We will collaborate with our schools, community organizations and businesses to connect with families where they live, learn, work and play, to ultimately improve the long-term health of our community.



#1

SUBSTANCE ABUSE

Margaret Mary's service area, especially Franklin County, experiences a higher drug-induced death rate than the state and nation.



The chart to the left shows an annual average of drug-induced deaths from 2004- 2015 per 100,000 population.



Self-reported use of **ILLICIT DRUGS** more than doubled from 2013 to 2016. Most problematic substance identified as **HEROIN/OPIOIDS**.

#2

NUTRITION, PHYSICAL ACTIVITY & WEIGHT



More than 7 in 10 (72.6%) adults in our service area are **OVERWEIGHT** (BMI of 25 or higher), which is worse than both the Indiana and national benchmarks.

38.2%

of adults in our service area consume **SEVEN OR MORE** servings of sugar-sweetened beverages per week (higher than the national average) and it's increasing.



1 in 5 children (22%) in our service area are **OBES**E (BMI in the 95th percentile or higher)- significantly higher than the national percentage rate of 9.5%.

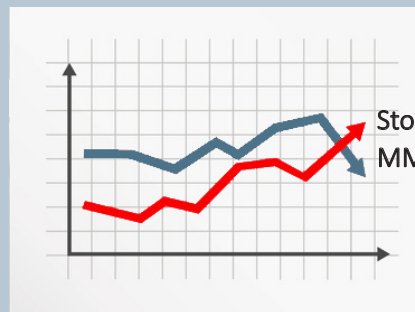
#3

HEART DISEASE & STROKE

Cardiovascular disease is the **LEADING CAUSE** of death in the MMH service area.



Heart disease and stroke deaths are **HIGHER** than state and national rates in **RIPLEY AND FRANKLIN** counties.



Stroke occurrence in MMH service area


Prevalence of stroke in our service area is **INCREASING** from years prior, counter to **DECREASING** trends statewide and nationally.



P.O. Box 226 • 321 Mitchell Avenue
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INCREDIBLE
things are happening

HERE

 'Like' Us on Facebook!

Or visit us online: mmhealth.org

POSTAL CUSTOMER

Fight the Flu!

MMH is now offering the flu vaccine, as an injection, at our Wellness Clinic located at 1051 State Road 229 N. in Batesville. The flu vaccine is covered by most insurance plans, but please call your insurance company in advance to see what kind of coverage you have. Remember to bring your insurance cards with you to the Wellness Clinic. Appointments are required by calling 812.934.0699.

CALL TODAY!

A TOP 20 HOSPITAL

Margaret Mary Health was recently named a Top 20 Critical Access Hospital by the National Rural Health Association (NRHA). With more than 1,300 small rural hospitals nationwide, this prestigious designation for Margaret Mary Health reflects our excellence in the form of high quality, efficiency, safety and satisfaction. In addition, to being named in the Top 20, Margaret Mary Health was one of only two hospitals in Indiana named in the broader Top 100 list for 2016.

“We are honored to be recognized as one of the top performing rural hospitals in the country,” said MMH president Tim Putnam. “This acknowledges not only the hard work and commitment to quality care provided by our physicians, nurses, technicians and support staff, but also as an organization, it represents our preparation, resiliency and long-term view for improving access to care and the health of our community.”

For more about this award, visit us at mmhealth.org.



2017 Calendars



Margaret Mary's 2017 community calendar will be making their way to your mailbox this December! Again this year, our calendar will feature pictures from local photographers.

Featuring artwork from local photographers

